



## FACILITATOR PLANNING GUIDE

The goal of Move to Learn is to host a fun event for families to move together *and* learn strategies to incorporate early math concepts into everyday activities at home. You've picked your date, identified your space, and recruited families. Now what? Use this tool to plan a fun, interactive, and engaging event for the families you serve!

### GUIDING QUESTIONS | EVENT LOGISTICS

Here are some things to consider before planning your Move to Learn event:

- How many families do you anticipate will attend?
- Where will you host your event? How much space do you have?
- Do you have a co-facilitator who can help families at the stations?

### MUSIC SELECTION

There are many places to incorporate music throughout a Move to Learn event. Music suggestions were intentionally omitted from the curriculum, giving you space and creativity to play something familiar and fun for the families you work with. As you plan each segment of your event, consider if/what music you'd like to include. Reminder – music is optional!

MUSIC STATION/PLAYLIST: \_\_\_\_\_

TECHNOLOGY NEEDED: \_\_\_\_\_

### SELECT YOUR STORY, SONG, AND/OR RHYME

Sample songs, rhymes, and stories have been provided for you. However, feel free to sing a song, use a rhyme, and/or read a book that's familiar to your community *and* incorporates early math concepts.

BOOK: \_\_\_\_\_

SONG/RHYME: \_\_\_\_\_

### PLAN YOUR MOVEMENT AND MATH RELATIONSHIP ACTIVITY

Math is everywhere when we move our bodies, and there are so many ways you can introduce basic math concepts to families. A number of suggestions are provided in the Move to Learn curriculum, such as the graphing activity, but feel free to get creative! The goal is to help families visualize the ways math and movement are connected and to get families moving!

ACTIVITY: \_\_\_\_\_

MATERIALS NEEDED: \_\_\_\_\_

## GUIDING QUESTIONS | MOVEMENT STATIONS

Spend some time reviewing the three movement stations, including the core and alternate activities. As you plan your event, here are some guiding questions to consider:

- If a family completes an activity quickly – how might you further engage them?
- What are opportunities to emphasize/reinforce the early math concepts?
- How can you adapt an activity for older/younger children, or for children with different abilities?
- Who is in charge of making sure the materials stay at each station? This could be a fun ‘job’ for some older children or a family!

## MOVEMENT STATIONS | MATERIAL PREP

Spend some time reviewing the movement stations, and planning ahead for the materials you will need. It might be helpful to also prepare some backup activities, in case families move through the core activity quickly, and/or need alternate math and movement activities to explore.

*Reminder:* You don’t need a complete set of materials at each station for *every* family. Families will be in small groups at each station. For example, if 15 families attend your event, 5 families will be at one station at a time.

### STATION #1 – BASIC SHAPES

ACTIVITY	MATERIALS	QUANTITY Per family	NUMBER OF FAMILIES/STATION	TOTAL
		Quantity/Family x Number of Families/Station = TOTAL		
Shapes Circuit	Rubber shapes			
	Number cards			
<i>Backup Activity</i>				

### STATION #2 – WEIGHTS & MEASURE

ACTIVITY	MATERIALS	QUANTITY Per family	NUMBER OF FAMILIES/STATION	TOTAL
		Quantity/Family x Number of Families/Station = TOTAL		
Bean Bag Toss	Bean Bags			
	Measuring tape (optional)			
<i>Backup Activity</i>				

### STATION #3 – NUMBERS & QUANTITIES

ACTIVITY	MATERIALS	QUANTITY	NUMBER OF	TOTAL
		Per family	FAMILIES/STATION	
Quantity/Family x Number of Families/Station = TOTAL				
Movement Dice	Pair of Dice			
<i>Backup Activity</i>				

### REPLICATION AT HOME

Families have explored the movement stations, and then return as a large group to reflect. This is a great opportunity to encourage families to brainstorm what materials they can use at home to recreate the activities and early math exploration. It might be helpful to have a basket of sample 'Move to Learn at Home' items prepared in advance. Below are some suggestions, but feel free to get creative and use your own ideas! There are many ways to replicate these activities with everyday items at home.

ACTIVITY	MATERIAL	AT HOME MATERIAL	OTHER IDEAS
<b>Shapes Circuit</b>	Rubber shapes	Cut out shapes from paper or cardboard, draw shapes with chalk	
	Number cards	Deck of cards	
<b>Bean Bag Toss</b>	Bean Bags	Rolled up socks or socks filled with rice, coin purse with beans or rice	
<b>Movement Dice</b>	Soft cubes with pockets	Empty Kleenex box, wrapped in paper, movements and numbers drawn on	

### MOVE TO LEARN EVENT FEEDBACK

There are many ways to evaluate a Move to Learn event! Regardless of how you do it, it's helpful to give families an opportunity to share with you what worked well, and what could be improved.

- [Here is a sample Move to Learn Family Feedback Form](#)
- You're welcome to use this, or something else that works for you
- Consider how you can incentivize survey/feedback completion
  - Do families get a fun take home once they've turned their survey in?

## **MOVE TO LEARN | VIRTUAL**

The Move to Learn curriculum was designed to support you in hosting a fun event for families to move together *and* learn strategies to incorporate early math concepts into everyday activities at home. COVID-19 has, however, pushed us to think about how we can utilize virtual platforms to engage with families in meaningful and creative ways. There are a variety of ways Move to Learn, or components of Move to Learn, can be shared with families virtually. Below are some strategies, considerations, and guiding questions to support you planning a virtual Move to Learn event.

- There are many free platforms to host a virtual event. Consider a platform comfortable to you, and hopefully the families you serve
  - Zoom (up to 40-minutes) and Google Hangouts are both free
- Consider the length of your Move to Learn event, based on the age of children attending
  - For example: A family with children 2-years of age might be engaged in a 15-minute virtual event, maximum, and that is okay!
  - Consider hosting 3-short Move to Learn events, introducing one activity per event
- There are many ways to replicate the activities at home! Give families some instructions before joining you as to what materials they can gather in advance.
  - For example: You will need one set of bean bags. If you don't have bean bags, no worries! Grab a couple pairs of socks and roll them into balls.
- A primary goal of Move to Learn is for families to engage with each other. Consider how you can introduce an activity, and then give families time to explore the activity with each other.
- Consider keeping the group size smaller
- Build in some time, even if just a couple of minutes, for families to brainstorm how they can continue to introduce early math concepts through everyday activities at home!

## **MOVE TO LEARN NOTES**

Please use the following space for your Move to Learn planning notes.